

HOW TO OVERCOME TEMPTATION

How to Handle the Seasons of Life – Part 7 of 9

Matthew 26:41

HOW TO HANDLE TEMPTATION

1. _____ IT

"Watch and pray so that you will not fall into temptation." Matt. 26:41 (NIV)

"If you are thinking, 'I'd never behave like that' -- let it be a warning to you. For you too may fall into sin." 1 Cor. 10:12 (LB)

2. _____ RESPONSIBILITY

"Temptation is the pull of your own evil thoughts and wishes. These evil thoughts lead to evil actions..." James 1:14-15

3. _____ FOR HELP

"Jesus... had the same temptations we do, though he never once gave in and sinned. So let us come boldly... to God ... and find grace to help in our times of need." Heb. 4:15-16 (LB)

"Call to Me when trouble comes..." Ps. 50:15 (GN)

4. _____ MY STRUGGLE TO A FRIEND.

"Remember this -- the wrong desires that come into your life aren't anything new and different. Many others have faced exactly the same problems before you." 1 Cor. 10:13 (LB)

"Admit your sins to each other and pray for each other so that you may be healed." James 5:16

5. _____ TEMPTING SITUATIONS

"A wise man... turns away from evil, but a fool is arrogant and careless." Pr. 14:16 (NAS)

"I thought about the wrong direction in which I was headed, and turned around and came running back to you." Ps. 119:59 (LB)

6. _____ GOD'S WORD

"God will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it." 1 Cor. 10:13b (NIV)

"Accept salvation from God to be your helmet and receive the Word of God... to use as a sword." Eph. 6:17 (JB)