

HOW TO PRAY THROUGHOUT YOUR DAY

40 Days of Prayer – Part 5

“Pray in the Spirit AT ALL TIMES with ALL KINDS OF PRAYERS asking for everything you need. To do this you must always be ready and never give up. And always pray for all God’s people.”
Ephesians 6:18 (NCV)

BY DEVELOPING 2 HABITS

1. KEEP A RUNNING _____ WITH _____.
“Pray on every occasion, as the Spirit leads.” Ephesians 6:18 (TEV)

“Never stop praying! (Pray all the time!)” 1 Thessalonians 5:17 (GW)
2. _____ PRAYER TIME THROUGHOUT MY _____.
“Seven times a day I praise you!” Psalm 119:164 (NIV)

A DAILY SCHEDULE BUILT ON THE LORD’S PRAYER

1. GET _____ WITH _____ (THANKSGIVING)
Jesus said, “. . . Your Father knows what you need before you ask him. So then, this is how you should pray: ‘Our Father in heaven’ . . .” Matthew 6:8-9

“Every good gift and every perfect present comes from your Father of light in heaven . . .” James 1:17
 - I thank my Father in heaven for his consistent love & I recall All the ways that He is _____ to _____
2. BLESS GOD’S _____ AT _____ (PRAISE)
“Hallowed be your name . . .” Matthew 6:9b
“Every day I will bless your name, and praise it forever and ever!” Psalm 145:2
 - I review God’s names & _____ they _____.

GOD SAYS “I AM . . .”	
Abba	Your Loving Father!
El Deah	Your God Who Knows Everything!
Jehovah Rapha	Your God who Heals you!
El Shaddai	God Almighty – with all the Power you need!

“Those who know your name trust in you, for you, Lord, have never abandoned those who truly seek you.” Psalm 9:10

3. MIDMORNING, _____ WHAT MATTERS _____ (DEDICATION)
“May your kingdom come, and may your will be done, on earth as it is in heaven.” Matthew 6:10
 - I align myself with God’s _____ & _____ for my life

“If you seek first God’s kingdom and his righteousness, all the other things will be given to you as well.” Matthew 6:33
4. LIST MY _____ AT _____ (PETITION)
“Give us today our daily bread.” Matthew 6:11
 - I ask for _____ I need.
“You can ask for anything in my name” – Jesus John.14:13 (NLT)
 - I ask for what _____ need too (*Intercession*)
“I’d be sinning against the Lord if I failed to pray for you.” 1 Sam 12:23

“Jesus has the power of God, by which he gives us everything we need to live, and to serve God. We have these things because we know him.” 2 Peter 1:3 (NCV)
5. ASK FOR _____ IN THE AFTERNOON (CONFESSION)
“Forgive us our sins as we forgive those who sin against us.” Matt. 6:12
 - I admit my sins and I _____.

“I confessed my sins to you and didn’t try to hide them . . . Then you forgave me and now all my guilt is gone!” Psalm 32:5
6. ASK GOD TO _____ ME MAKE WISE _____ (PROTECTION)
“And lead us not into temptation but deliver us from the evil one.” Matt 6:13
7. END MY DAY WITH AN _____ TRUTH (BENEDICTION)
“For yours is the kingdom, and the power, and the glory, forever! Amen!”
 Matthew 6:13c (NAS)