# **REDUCING RIVALRY IN RELATIONSHIPS**

I Corinthians 13:4 "Love does not envy."

Jealousy: I want what you \_\_\_\_\_!

Envy: I want what you have but I want you to \_\_\_\_\_ what you've got!

Examples : Jacob & Esau, Cain & Abel, Rachel & Leah, Joseph & his brothers

## **How Envy Ruins Relationships**

It causes \_\_\_\_\_\_

"What causes fights and quarrels among you? Don't they come from your <u>desires that battle within you</u>?" James 4:1

### It kindles \_\_\_\_\_\_

"Our lives were full of resentment and envy. We hated others and they hated us." Titus 3:3 (LB)

"For where you find envy ... there you find disorder and <u>every</u> evil practice." James 3:16

### It makes me \_\_\_\_\_\_

"A heart at peace gives life to the body, but envy rots the bones!" Proverbs 14:30

Envy is to your soul what cancer is to your body.

## How to Overcome Envy in Relationships

\_\_\_\_\_ comparing yourself with others.

"We do not dare <u>classify</u> or <u>compare</u> ourselves ... (It) is not wise." 2 Corinthians 10:12

"Let everyone be sure to do his very best, for then he will have the <u>personal satisfaction</u> of work done well, and won't need to <u>compare</u> himself with someone else." Galatians 6:4 (LB)

#### • \_\_\_\_\_ my uniqueness.

.

.

"You (God) created every part of me; you put me together in my mother's womb." Psalm 139:13 (GN)

"You saw me before I was born. You scheduled every day of my life before I began to breathe." Psalm 139:15

### \_\_\_\_\_ in what I have.

"It is better to be satisfied with what you have than to be always wanting something else." Ecclesiastes 6:9 (GN)

"I have <u>learned</u> to be content whatever the circumstances." Philippians 4:11

#### • \_\_\_\_\_to others in love.

"Love does not envy." 1 Corinthians 13:4

"Love your neighbor as yourself." Matthew 22:39

"Rejoice with those who rejoice; weep with those who weep." Romans 12:15

"Set your mind on things above not on earthly things." Colossians 3:2